Aftercare Guidance

The first few days and weeks are probably the most important for your new tattoo.

Make sure you care for it properly. Below is the healing procedure including dos and don'ts we recommend.

Because each individual is different, this may not always be the best recommendation for each person.

We recommend you follow the advice from your Tattoo Artist or seek the advice of a doctor first.

- 1. Leave the dressing that you received after the tattoo on for 2 to 5 hours. Tattoos will ooze, this is a normal part of the healing process. The dressing is there to keep airborne bacteria and any other contaminants in the environment from invading your wound.
 - 2. Make sure your hands have been washed thoroughly before you remove the dressing.
- 3. After removing the dressing, cleanse the tattooed area with a non-fragranced soap and water. Do not scrub the tattoo with a brush or towel (this should not be done until the tattoo has healed). The idea behind the washing is to eliminate any dead cells have been allowed to accumulate on the surface.
 - 4. Dry the tattooed area by gently patting the area with a clean, sterile towel or let the tattoo dry naturally.
 - 5. Let the tattoo dry completely (approximately 10 minutes)
 - 6. Lightly apply a small amount of tattoo balm, organic coconut oil or any other recommended tattoo aftercare
 7. You do not need to re-dress.
- 8. Repeat steps above for three-four days, approximately three to six times a day. The idea behind this part of the process is to not let the tattoo dry out. After a few days you may notice some peeling and possibly a little scabbing. Excessive scabbing can indicate a poorly done tattoo, but some scabbing may be normal.

It is at this point in the healing process that the tattoo will begin to itch. RESIST THE URGE TO SCRATCH, RUB, OR PICK at the tattoo.

Remember - the first few days and weeks (for a tattoo) are the most important.

Make sure you care for it properly. Consult a physician if you experience symptoms such as excessive swelling, redness, yellow or green discharge, fever.

DO NOT:

- 1. Go swimming or soak in a hot tub or bath
- 2. Use hydrogen peroxide or rubbing alcohol on your tattoo
 - 3. Itch, pick, or scratch the tattoo
 - 4. Participate in activities that will make you sweat

DO

- 1. Stay out of the sun until your tattoo has healed completely.
- 2. Apply sun block to tattoo after it has healed whenever it is exposed to the sun to protect it from damaging ultraviolet rays.

Above is general tattoo aftercare, always be guided by your personal artists opinion. We encourage you to share photos as and when you have any concerns with the healing process.